



REST FOR THE WEARY SOUL
The Dog Days of Summer
1 Kings 19:3-9a

UNDERSTANDING IN CONTEXT:

- POLYTHEISM IS THE _____ RELIGION OF ISRAEL.
- JEZEBEL MAKES A _____ TO SLAUGHTER ELIJAH.
- ELIJAH _____ FOR HIS LIFE.
- THE _____ IS WHERE YOU GO TO MEET GOD.

BREAKING IT DOWN:

- GOD RESPONDS TO ELIJAH _____.
- ELIJAH IS _____ A JOURNEY.
- THE JOURNEY IS TO _____ AND _____ OUT GOD.

WISDOM FOR TODAY:

1. SOMETIMES YOU MUST _____ YOUR SORROW.
2. GOD CAN'T BE _____ IN.
3. GOD COMES IN A _____ OF GRACE.



God's plan is for you to be the _____ of His word of Grace.

Questions for Further Reflection

1. Read 1 Kings 19:3-14. What stands out to you as you read these texts? Anything about these verses that takes you by surprise?
2. Reflecting on the sermon, how can recognizing ourselves as "whole beings" with physical, emotional, and spiritual needs impact the way we approach our own moments of crisis?
3. Elijah's journey to Mount Horeb is described as seeking to understand who God is. What are some ways you might actively seek a deeper understanding of God in your own life?
4. In what ways do you think the story of Elijah challenges our expectations of how God should act in our lives, particularly when we feel we've followed the "right" path or done everything expected of us?
5. The sermon concludes with the idea that God's plan involves us being a "still small voice" in the world. How might you interpret and act upon this call in your daily life and interactions with others?